PIKEY PEAK TREKKING : BEST VIEW TREK FOR WOMEN

GENERAL DETAILS

Category:	Trekking
Sub Category:	Everest Region
Region:	Everest
Duration:	11 days
Accomodation:	Tea-House (Lodges)
Altitude:	4,302m
Meals:	Breakfast/Lunch/Dinner
Difficulty:	Moderate
Activity:	Trekking
Season:	March, April, May, September, October, November
Start/End Point:	Kathmandu - Kathmandu
Group Size:	2-30
Total Distance:	84 km/53 miles
Transportation:	Private vehicle

GROUP DISCOUNTS

1 pax	: $ 1100.00

* The above price resembles price per person.

TRIP OVERVIEW

Pikey Peak Trekking is a scenic and panoramic destination around the hidden pockets of Solu-Khumbu district. It is located on the southern green hills of mighty Everest Region. The walks to Pikey Peak's scenic viewpoint lead to serene trails. The area of trekking routes gets a few groups of trekkers in the best seasons of the year. You can enjoy delightful walks on the

unspoiled, undisturbed country far from the main busy mainstream trekking routes. Pikey Peak Trekking with **Women Adventures**, supported by our **women trekking guide in Nepal**, can be a memorable adventure as we planned the itinerary very well so that it is fitted for women of all ages. Families with children and elderly people can enjoy these short and moderate adventures. Female Travellers searching a Pikey Peak itinerary or planning the popular Pikey Peak Trekking 11 Days option will find this route flexible and rewarding.

The trek leads to an exciting place, where trekkers can observe the traditional farm life and activities along with the impressive cultures of the native villagers adorned with religious and prayer monuments. The walk leads from one farm village to another with scenic views of distant snow-capped peaks as well as trekking into enchanting dense woods of tall rhododendrons, oaks, pines, and fir trees. In spring the whole area and hills will be a paradise for nature lovers and botanists when wildflowers are in seasonal bloom, especially the rhododendrons of various species and colors from tall trees to bush.

The charm and beauty of Pikey Peak Trekking are the serenity of beautiful surroundings, local cultures, and remarkable scenery. Discover the lifestyle of Sherpa women in the Pikey Peak region, where their stories of resilience and empowerment inspire a deeper appreciation of their vital role in the community. The top of Pikey Peak Trek is a high scenic viewpoint, for a spectacular panorama of various peak which offers 360°degree view of Himalayan range. The views include the grand vista of Ganesh, Langtang, and Jugal Himal with majestic Gaurishankar, Mt. Everest with Makalu, as far as Kanchenjunga Himal.

After a rejoiceful moment on top of scenic Pikey Peak, then heads towards an alternative route. You will visit the lovely Sherpa village of Junbesi and back to Phaplu to end the treks. Then on an exciting overland journey to Kathmandu, after a marvelous time with a delightful experience on **Pikey Peak Trekking**.

ITINERARY

Day 1: Arrival in Kathmandu 1,340 m and transfer to hotel.

On arrival at Kathmandu International Airport, you will be received by our team of ladies staff and guide. After checking the NST (Nepal Standard Time) which is 5 hours and 45 minutes ahead of GMT, a short drive takes you in the hub of Kathmandu city around Thamel area to your hotels. After checking into your lovely rooms, get refreshed from the Jet Lag. The

refreshments will energize you after which you can join the other members of the Pikey Peak Trekking team in the meeting room for a briefing. The briefing will be provided by our lady guide and staff or Group Leader. She will provide information about the treks, local lodge, and foods. The wide range of information about trek makes your holiday meaningful and enjoyable. Overnight at Hotel.

Day 2: In Kathmandu with sightseeing tour and trek preparations.

The day begins with breakfast, followed by visits to two significant sites: Pashupatinath Temple and Boudhanath Stupa. The tour is escorted by a government certified female tour guide.

Pashupatinath Temple, a UNESCO World Cultural Heritage site, is a revered Hindu temple dedicated to Lord Shiva. Located by the Bagmati River, it hosts Hindu cremation ceremonies and is especially important during Shivaratri, attracting numerous pilgrims.

After breakfast, we'll visit Boudhanath Stupa, one of Nepal's largest stupas, positioned east of Kathmandu. It's notable for its significant size and height, as well as its four pairs of eyes representing Mahayana Buddhist principles. Following a quick city tour, we'll return to the hotel to prepare for tomorrow's trek. The overnight stay will be at the hotel.

Day 3: Drive to Phaplu 2,415 m-07 hrs.

An early morning starts after a good breakfast, we will go for a long hour’s overland journey to Phaplu village. The drive follows eastern highway and diverts towards Solu-Khumbu district. Then on winding ups and down to Salleri, a moderate town and district headquarters. From Salleri, we follow the uphill dirt tracks to reach Phaplu village for an overnight stop. We will stay at a simple nice lodge accommodation. The driving distance is approx. 271 km/169 miles from Kathmandu to Phaplu around Solu Khumbu district.

Day 4: Trek to Jampre 2,920 m-05 hrs.

After a long drive of previous day with pleasant overnight stop in Phaplu, we begin our day after having a good breakfast at lodge. We start the first-day of trek on a gradual winding path with short uphill through farm areas and villages. The path offers views of Snow Peak, and the walk continues with short refreshing stops, to observe cultures and farm life. On this route, only a few groups of trekkers seldom pass through around these remote rural villages. The walk heads further west to reach Jampre for overnight stop, a moderate size farm village. We

then check into a simple lodge with basic facilities but with good local food.

Day 5: Trek to Pikey Hill Base Camp 3,640 m /11,942 feet-06 hrs.

From Jampre, the second day walk leads towards Pikey Peak which is our final and main destination. We start the walk leaving the farm villages, towards remote wilderness amidst lovely forest surroundings. The walk follows through dense tree lines of rhododendron-magnolia-oaks-hemlocks-pines and firs. Then slowly we reach Pike Hill Base Camp for an overnight halt within a summer pasture area. It is a serene spot with temporary huts and shades of cattle herders, and having simple small lodge. The lodge here serves simple Nepalese or Sherpa foods for main meals and dinner. The area sees only a few visitors even during the best seasons of the year because of its remote location. But the region is slowly gaining notice from foreign visitors, at present a few lodges have been built, to serve the needs of trekkers.

Day 6: Trek and Climb to Pikey Hill 4,302 m/14,114 feet and trek to Loding village 2,515 m- 07 hrs.

We begin the day with an early rise, having breakfast, and carrying a packed lunch before starting the day walk. We will head for the long climb of about two hours. The trail winds up through beautiful forest of tall rhododendron, oaks, pines and fir trees. Then finally the long steep climb ends, reaching on top of Pikey Peak Hill top. It is the highest spot of the adventure at 4,302 m high where we can enjoy the wide panorama of Himalayan peaks as well as sunrise reflecting on top of the highest Mt. Everest and array of snow peaks. Celebrate the achievement of conquering Pikey Hill, located at an impressive altitude, with your female friends, guides, and porters, making unforgettable memories together. The views stretch from Ganesh and Langtang to Jugal Himal and Gaurishankar-Melung, extending to Tse-Numbur, Makalu, and as far as Kanchenjunga in the far east. After a refreshing morning with grand panorama of Himalayan range, then head downhill to base camp. After a refreshing rest, we continue trekking on an alternative route to Phaplu via Loding and Junbesi village. The walk leads back into farm areas to reach a small village of Loding for overnight stop.

Day 7: Trek to Junbesi 2,675 m - 05 hrs.

We begin our day after breakfast and our walk heads north on the gradual winding path with a few short ups and downs. We will walk into a nice coniferous forest, and then the last climb of the day to Junbesi. We then reached a lovely Sherpa village at Junbesi. At Junbesi, the lodge

accommodation is much better than previous overnights. This village is located on the main trail of Jiri to Everest. After checking into a comfortable lodge, you can spend the afternoon visiting the nearby monastery and enjoying the surroundings. As well as observe the local impressive culture of the Sherpa people of Buddhist heritage.

Day 8: Trek to Phaplu 2,415 - 05 hrs.

After a pleasant overnight stop in Junbesi, enjoy the last day walk on winding uphill trail to Phaplu. The walk leads with lovely views of Numbur peaks, and then downhill with few short ups to Phaplu for last overnight stop around Solu-Khumbu district.

Day 9: Drive from Phaplu to Kathmandu -07 hrs.

Today, we will have a long and interesting drive to Kathmandu. After breakfast, we will board in jeep or similar four-wheel drive which is best for mountainous rough dirt road. We then drive towards lower warm farm villages on leaving the Solu-Khumbu areas to reach Ramechap district. The drive then on good road on BP Highway to Kathmandu, a pleasant as the drive climbs on winding road. Upon reaching Dhulikhel Town we then back into the bustling city at Kathmandu after a long interesting overland journey. You will arrive by dinner time. Upon arrival, check into your hotel and enjoy a well-deserved rest.

Day 10: In Kathmandu free day for individual activities, options for tours.

Today is a free day in Kathmandu for individual activities with options for tours. Enjoy a free day in Kathmandu, perfect for relaxing, engaging in personal activities, or going on a shopping spree. You can shop souvenirs of Nepal from handicrafts to jewelers etc. Interested people can opt for another exciting tour of Patan and Bhaktapur cities on request.

Day 11: International departure for homeward bound.

Last day in Kathmandu and Nepal, after an overwhelming adventure and experience to Pikey Peak Trekking. As time for your international flight, our lady guide and staff will transfer you to the airport. Then bid farewell to Nepal, guide, and staff; as you enter the air terminal for homeward bound or to the next port of call.

*** Please note that the schedule is subject to change due to weather conditions and other unforeseen circumstances.**

INCLUDED SERVICES

- Airport Pick up and Drop.
- 3 star standard (Nepal's standard) hotels with breakfast in Kathmandu.
- Tea house (Lodge) accommodation
- All meals (Breakfast, Lunch & Dinner) three times a day
- Tea Coffee (3 times a day).
- A professional trekking guide, Porter (Helper) and assistant guide for group size above 5 trekkers
- Air ticket (Phaplu –Kathmandu)
- Private transfer from Kathmandu to Dhap
- All food, drinks, Lodge, salary, Insurance, medical equipment, all transport for Trekking Staff
- Kathmandu Cultural and Historical sightseeing with a Tour guide, Private transportation, and entrance fee.
- Trekking Permit (TIMS).
- Sagarmatha National Park Entry Permit.
- Down Jacket, a sleeping bag, Fleece liner and a duffel bag.
- All government taxes

EXCLUDED SERVICES

- Any bar bills (alcoholic drinks, mineral water, and cold drinks), cigarettes, client's personal insurance, and any kind of unforeseen expenses.
- Lunch and Dinner in Kathmandu.
- Tips for Guide Porter & Driver (Tips are not compulsory but expected)
- Anything that is not mentioned in Inclusion

For for information regarding this package, please click on this link. You can also give us a call at +977 9747508926 or email us at info@womanadventures.com for further information.

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