# MOHARE DANDA TREKKING : COMMUNITY-BASED TREK FOR WOMEN

## GENERAL DETAILS

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| Category: | Trekking |
| Sub Category: | Annapurna Region |
| Region: | Annapurna |
| Duration: | 12 days |
| Accomodation: | Tea-House (Lodges) |
| Altitude: | 3300 m |
| Meals: | Breakfast/Lunch/Dinner |
| Difficulty: | Moderate |
| Activity: | Trekking |
| Season: | March, April, May, September, October, November |
| Start/End Point: | Kathmandu - Kathmandu |
| Group Size: | 2-30 |
| Total Distance: | Approx. 68 km |
| Transportation: | Private vehicle |

## GROUP DISCOUNTS

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| 1 pax | : $ 1300.00 |
| 2 - 4 pax | : $ 999.00 |
| 5 - 6 pax | : $ 850.00 |
| 7 - 12 pax | : $ 720.00 |

* The above price resembles price per person.

## TRIP OVERVIEW

Mohare Danda Trekking is a moderate Nepal trekking adventure of less than a week duration trek that takes you to the highest point Mohare ridge. On top of scenic Mohare Danda, a high ridge with a grassy meadow offers a spectacular panorama of Mid-West Himalayan peaks. One can enjoy stunning sunrise from the top of the Danda which is our goal and one of the **major highlights of the Mohare Danda trek**. It can be a perfect adventure for women of all ages whether you are travelling solo or with your fellow **female explorers**.  Mohare Danda Trekking is fresh and unique than other mainstream popular adventure destinations around Nepal Himalayas and is increasingly featured in **Nepal trekking packages**.

For those people who are interested in enjoying short and different types of walking routes, Mohare Danda can be the perfect choice. It is a short and enjoyable adventure to trek and explore the pristine wilderness walk on off-the-beaten trails. The beauty of Mohare Danda Trekking is the tranquil surroundings, walking on a dense forest trail amidst lovely rhododendrons and pines, oaks, magnolia, and fir trees with exotic vegetation facing alluring views of beautiful landscapes and snow peaks. The other interesting about this short adventure is walking around untouched and unspoiled farm villages, where few groups of trekkers seldom venture, this is why the lodge accommodations are simple and basic. The village communities run and manage homestays for the travelers, providing guests with warm and homely hospitality. Explore the lifestyle of the local women in the **Mohare Danda trekking region**, be inspired by their strength and resilience, and see how they play a vital role in supporting women empowerment. Travelers can experience a touch of local impressive cultures, along with meals served and cooked from the organic vegetable gardens. With *Women Adventures*, you'll also access curated, community-run stays that directly support local women.

The trek begins with an exciting drive from scenic Pokhara to reach the western region of Mygdi district at Beni Town. Then, to Galeshwor village to start the trekking, heading uphill through the farm villages and settlements. Overnight in the comfort of local lodges and Home Stay Huts to enjoy the typical Nepali meals. The climb finally reaches Mohare Danda, the highest point of the journey, to enjoy the brilliant sunrise along with the arrays of towering snow-capped peaks- an unforgettable moment of the *Mohare Danda Trek itinerary*.

On the return journeys, we take an alternative route. The walk follows a long descent, then reaches the road-head to complete the walk. A short and interesting drive brings you to beautiful Pokhara city by the calm Phewa Lake after an enjoyable experience on Mohare Danda Trekking with the excellent services of the Women Adventures guide and staff.

## ITINERARY

### Day 1: Arrival in Kathmandu 1,340 m and transfer to hotel.

Upon arrival at Kathmandu's Nepal International Airport, you will be welcomed by our team of female staff and guides. A short drive takes you in the hub of Kathmandu city around Thamel area to your hotels. After checking into your lovely rooms, getting refreshed from the Jet Lag. Later, join with other members of the Mohare Danda Trek at meeting room for briefing. Our female guide or group leader will provide information about the treks, local lodges, and food options. The briefing will includes a wide range of information to make your holiday meaningful and enjoyable. Overnight at Hotel.

### Day 2: In Kathmandu with sightseeing tour and trek preparations.

The day begins with breakfast, followed by visits to two significant sites: Pashupatinath Temple and Boudhanath Stupa. The tour is escorted by a government certified female tour guide.

Pashupatinath Temple, a UNESCO World Cultural Heritage site, is a revered Hindu temple dedicated to Lord Shiva. Located by the Bagmati River, it hosts Hindu cremation ceremonies and is especially important during Shivaratri, attracting numerous pilgrims.

After breakfast, we'll visit Boudhanath Stupa, one of Nepal's largest stupas, positioned east of Kathmandu. It's notable for its significant size and height, as well as its four pairs of eyes representing Mahayana Buddhist principles. Following a quick city tour, we'll return to the hotel to prepare for tomorrow's trek. The overnight stay will be at the hotel.

### Day 3: Fly to Pokhara 860 m (30 mins by air) and transfer to hotel by the Phewa Lakeside.

In the morning, after breakfast, our Women Adventures staff and guide will meet you for a short drive to the airport for your flight to Pokhara. On reaching Kathmandu Domestic Airport Terminal, after checking in, then get on board in a moderate size aircraft. A sweeping flight of 30 minutes, overlooking astounding panorama of Himalayan Peaks will take you to Pokhara. On landing at Pokhara Airport, get organized with the baggage, and a short drive takes you to your hotels which is located near Phewa Lake Side, a lovely place to enjoy. Overnights in Pokhara, a city blessed with natural beauty of mountains and lakes. You will have time for stroll around the Lake side, the streets are lined with best restaurants, shops, and stores.

### Day 4: Drive to Galeshwor village 1, 170 m and start trek to Bhaise-Kharka 1, 526 m -06 hours with drives and walks.

Enjoy the glorious views of Annapurna Himalayas, after good breakfast we take an exciting drive which leads west of Pokhara city. As you drive from the valley outskirt through nice towns and farm villages, the views of Annapurna peaks follow you along the way. An interesting journey on Pokhara-Baglung, Beni highway, after few hours of good drive you will reach Beni. The headquarters Town of Mygdi district, from here a short to Galeshwor, a moderate village at the bank of a river. We will do a lunch in Galeshwor, and after getting organized, we start our walk towards gradual uphill. The walk leads through small farm village and hamlets, within well-tended terraces. After few hours of steady climb, we reach our overnight stop at Bhaise-Kharka.

A small farming settlement, with some simple and basic lodge accommodations. The huts, and cottages here are simple which provide nice and cozy rooms, serving as Home Stays. These lodge accommodations are managed by the local Magar village community, the main ethnic tribes of western Nepal Himalayas enriched with exotic traditional cultures. Overnight at local lodges. The driving distance from Pokhara to Beni Town is approx. 82 km / 51 miles, and about 6 km / 3.5 miles to Galeshwor. The walking distance from Galeshwor to Bhaise Kharka is 8 km / 5 miles.

### Day 5: Trek to Nangi 2, 320 m - 06 hrs.

In the morning at Bhaise Kharka we will have our breakfast and after breakfast the trek starts for quite a long day walks to Nangi. We leave the nice small farm village behind and head for a slow climb within dense forested trail. As the climb continues with short refreshing breaks, the trail leads to high and cooler hills. After a great walk of the day we then reach Nangi for overnight halt. It is a small lovely place with simple stone-built huts and corrugated rooftop, offering another cozy Home-Stay lodge to enjoy.

After checking in a nice room, you will have time to visit the village's organic vegetable garden. The organic garden, with its field of crops, is maintained for an educational purpose and to boost the local economy of the Magar tribe community. The walking distance is approx. 15 km / 9.5 miles with a steep climb and some gradual uphill.

### Day 6: Trek to Mohare Danda / Hill at 3,300 m -05 hrs.

Today's walk leads to our main goal and highlights of the adventure. We start the morning walk from Nangi. After experiencing the pleasant and warm hospitality of villagers, the walk follows with a climb through the dense forest covered in tall rhododendrons and pine trees with occasional views of snow peaks. The climb continues for some hours and then we finally reach the Mohare Danda, amidst a panorama of towering mountain ranges, including Mt. Dhaulagiri, Nilgiri's, Annapurna Himal, and the distant Manaslu Himalaya range, with the ever-present Machhapuchare Himal the Fish Tail Peak.

Mohare Danda is a high hill, a ridge with a wide green meadow, and a grazing pasture for cattle of the nearby villages. A place with a few small huts which provides another homestay accommodation for overnight stays. In the afternoon explore the virgin areas of Mohare Danda, where few groups of trekkers seldom visit around this isolated scenic hills. Celebrate the successful completion of the Mohare Danda trek with your female friends, guide, and porter. It is a remarkable achievement for women to conquer Mohare Danda together. The walking distance is approx. 12 km / 7.5 miles with steep uphill climb to reach Mohare Danda.

### Day 7: Trek to Khibang 2,060 m-06 hrs.

Today we rise early morning to catch the stunning sunrise as the sunlight kisses the tips of the highest peaks including Dhaulagiri, Manaslu and then Annapurna group of peaks. It will be a glorious and exciting scenery to capture in your cameras. After a wonderful and refreshing morning view, enjoy the delightful breakfast at the highest point of the adventure. Then bidding farewell to the happy and ever cheerful villagers. The walk follows downhill to Khibang, with a few short uphill sections, but more or less downhill walks. After a long stretch of descent, we then reach Khibang for overnight in the comfort of a homestay hut or cottage. The homestay program is managed by the local Eco-community. In the afternoon you can enjoy the dramatic views of the snowy mountains. The walking distance is approx. 16 km / 10 miles from Mohare Danda to Khibang village.

### Day 8: Trek to Tikot 2, 210 m - 04 hrs.

You can enjoy wonderful moments on the higher remote high hills. After breakfast, the walk follows down and up to Tikot. A short morning walk takes you to Tikot, a charming small village, where you will stop for lunch and an overnight stay. Enjoy the comfort of a nice lodge managed by the Magar Eco-Community. Rest of the day you can explore around and relax enjoying the magnificent scenery. The walking distance is approx. 9 k.m / 5.5 miles from

Khibang to Tikot.

### Day 9: Trek to Tiplyang 1,030 m-3 hours and drive to Pokhara- 03 hrs.

Today is our last day walk of the adventure, enjoy the trek from Tikot, heading downhill towards low warm areas reaching Tiplyang. It is located by the Kaligandaki River, a moderate size farm village, which is en route to Mustang and Pokhara via Beni town. At Tiplyang enjoy a refreshing lunch stop, and then drive for a few hours of exciting journey to Pokhara. Upon reaching Pokhara, you will transfer to a nice hotel by the side of Phewa Lake. Enjoy the afternoon exploring the lakeside, with grand views of Annapurna and Manaslu Himal range. Pokhara offers a wide range of Adventure Sports activities like Para Gliding, Bungee Jumping, Zip Line, Ultra-Light flight, etc. The total distance covered, including walks and drives, is approximately 112 km (69.5 miles) from Tikot and Tiplyang, with a driving distance of 22 km (13.5 miles) to Beni and 82 km (51 miles) to Pokhara.

### Day 10: Fly to Kathmandu and transfer to hotel.

As time for short scenic flight to Kathmandu from Pokhara, you will depart from the hotel. It takes about 30 minutes drive to reach Pokhara airport. After checking in through security then get on board in a moderate size aircraft for sweeping panoramic flight back to Kathmandu. On arrival, you will transfer to your hotels, rest of the day at leisure.

### Day 11: In Kathmandu free day, for individual activities with options for tours.

A free day in Kathmandu to enjoy relaxing moments and for individual activities and shopping spree. You can shop for souvenirs from Nepal from handicrafts to jewelers etc. Interested people can opt for another exciting tour of Patan and Bhaktapur cities on request.

### Day 12: International departure for homeward bound.

Last day in Kathmandu and Nepal, after an overwhelming adventure and experience around Mohare Danda and the Annapurna Himalayas. As time for your international flight, our lady guide and staff will transfer you to the airport. Then bid farewell to Nepal, guide, and staff; as you enter the air terminal for homeward bound or to next port of call.

*** Please note that the schedule is subject to change due to weather conditions and other unforeseen circumstances.**

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## INCLUDED SERVICES

- Airport Pick Up and Drop Off
- 3 star standard hotels with breakfast in Kathmandu (Nepal standard) with breakfast
- 3 star standard hotels with breakfast in Pokhara (Nepal standard) with breakfast
- Tea house (Lodge) accommodation
- All meals (Breakfast, Lunch and Dinner) during trekking
- Tea / Coffee (3 times a day)
- Certified A graded female trekking guide, potter (helper), and assistant guide for groups consisting of more than 5 trekkers
- All expenses for the female trekking staff, including food, drinks, lodging, salary, insurance, medical equipment, and transportation.
- Private transfer ( Pokhara-Galeshwor; Syaulibazar - Pokhara)
- Kathmandu Cultural and Historical Sightseeing with a certified female Tour Guide, private transportation, and entrance fee
- Trekking Permit (TIMS)
- Annapurna Conservation Area Permit (ACAP)
- Down jacket, sleeping bag, fleece liner, and a duffel bag
- All government taxes

## EXCLUDED SERVICES

- Any bar bills (alcoholic drinks, mineral water, and cold drinks), cigarettes, client's personal insurance, and any kind of unforeseen expenses.
- Lunch and Dinner in Kathmandu and Pokhara.
- Tips for Guide Porter & Driver (Tips are not compulsory but expected)
- Anything that is not mentioned in Inclusion

For for information regarding this package, please click on this link. You can also give us a call at +977 9747508926 or email us at info@womanadventures.com for further information.

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