Bungee Jumping In Nepal : Thrill Experience for Women

Bungee Jumping In Nepal

Trip Facts

DURATION	DIFFICULTY
1 Day	**Adventurous**
ACTIVITY	BEST SEASON
Tour	**All Year Round**
ACCOMMODATION	START/END POINT
Resorts	**Kathmandu-Kathmandu**
GROUP SIZE	TRANSPORTATION
1-30	**Private Vehicles**

Group Prices and Discounts

USD 125 per person

No. of travellers	Price per person
1–20 Pax	USD 125

Overview

Among various outdoor activities in the Nepal tour, like trekking, hiking, biking, rafting, and mountaineering, bungee jumping stands out as an extreme adventure, offering a brief yet thrilling experience that ranks high on the list of adventure sports. **Bungee Jumping in Nepal** was established in Nepal, from the past three decades ago by a New Zealander. Bungee jumping is very popular in New Zealand.

However, the first Bungee Jump with high technique was invented in 1979 by the British from Bristol, England. In Nepal, Bungee took hold first in 1999 from the high bridge above the **Bhote Koshi River**, and it transformed into a daring sport of Bungee Jumping adding to the list of Adventure Sports in the **Nepal Himalayas**.

At present, there are three Bungee Jumping places in Nepal. The oldest is at the Last Resort, which is about 80km/50 miles driving distance from Kathmandu on Arniko Highway en route Nepal and Tibet/ China borders. The other two places for exciting Bungee Jumping are around Nepal Mid-West near renowned tourist destinations in Pokhara. As well as further beyond at Kusma with the world's second-highest Bungee Jumping from a high bridge above Kaligandaki River.

One of the best ways to enjoy adrenaline and extreme adventures is the Bungee Jumping in Nepal. Interested travelers having time in Nepal can enjoy a day of short scenic drive to the Bungee Jumping spot. It is an exciting thrill of a lifetime experience Bungee Jumping in Nepal, around the scenic landscapes surroundings. Visitors staying in Kathmandu can also enjoy options for bungee jumping near Kathmandu or a quick trip for a bungee jump in Kathmandu, depending on their schedule.

PLACES FOR BUNGEE JUMPING IN NEPAL

The Last Resorts Bungee in Nepal

The first Bungee Jumping in Nepal started in 1999 and 2,000 AD, an 80 km/50 miles drive from Kathmandu. The road follows the Arniko or Lhasa-Kathmandu Highway to the Tibet border, where Last Resort is located across the raging glacial Bhote Koshi River. A short walk takes you to the bridge to reach the lovely resorts with a nice garden. You then head for the bungee jumping, where expert instructors brief you about the safety measures as well as with medical check-ups if in doubt with the heartbeat and blood pressure. After the formalities required for the Bungee Jumping, you walk towards the center of a bridge. The Bungee Jump platform is located at 160 m / 500 feet high above the fast-running river of Bhote Koshi within a deep gorge, which is a great spot for bungee jumping in Nepal. Prepare yourself as the expert instructor provides a detailed briefing on safety measures.

After being well-equipped with safety gear and taking a big deep Breath, and after the instructions, a loud voice hits your ear with the word JUMP! As you jump down, and float for a while, you will be swinging in a blissful moment for a few minutes. You will jump from 160 m/500 feet, to the surface of the Bhote Koshi River and the gorge.

On completing the most exciting adventure of best bungee jumping in Nepal, then resorts staff will greets you with a refreshing drink. The staff presents you with a certificate and T-shirt as souvenirs of the Bungee Jumping in Nepal.

Bungee Jumping in Nepal scenic Pokhara

Besides, the first bungee jumping in Nepal at Last Resort has gained popularity over the decades. It flourished towards other tourist destinations like the renowned and scenic Pokhara, a city of charm and beauty. While at Pokhara on a relaxing holiday, one can enjoy the thrills of Bungee Jumping Pokhara. The spot for **Bungee Jumping in Pokhara** is a short drive west to Hyanja town-village. Compared to other places, the jump takes place from 70 meters or 2,30 feet high which is the only Pokhara bungee from an iron-built tower where participants can enjoy the Bungee Jump. Descend to make an exhilarating plunge into a crystal-clear artificial water pond, offering one of the best adventure experiences, especially for beginners experiencing Pokhara Nepal bungee jumping for the first time. The bungee jump in Nepal on the outskirts of Pokhara city offers spectacular views of the **Annapurna Himalayan range** of peaks.

Kushma Bungee Jump in Nepal

For adventurers seeking an adrenaline-filled challenge, Kushma Bungee Jumping in Nepal is the perfect destination, located just 60 km (38 miles) from Pokhara. It is located in Nepal Mid-West near Baglung, and Beni larger major towns of Mygdi districts of the Dhaulagiri Himal zone. Kushma is the main town and headquarters of a small Parbat district.

The Bungee Jumping in Kushma is the world's 2nd highest at 228 m/749 feet. The Jump takes place from the middle of the strong suspension bridge, where the Bungee platform is situated. It stands above the glacial river of Kaligandaki, which flows from Dhaulagiri and Mustang Himal. After a thorough safety briefing and precautions, participants are secured in a harness with a strong cord, ready for the thrilling jump. Then take a deep breath as you hear the commanding word Jump!

The Jump within a fraction of a minute, but the swinging up and down in the air; takes more than 10 to 15 minutes. After an exciting thrill of a lifetime experience with a short drive back to scenic Pokhara. Enjoying, the adventures on **Kushma Bungee Jump in Nepal**, participants will receive a T-shirt as a memorable souvenir to take back home.

Highlights

- An exhilarating experience of once in a lifetime Bungee Jumping in Nepal.
- Various scenic and exciting spots for daring Bungee Jumping around Nepal.
- Bungee Jumping in Neal, enjoyable, exciting and jaw-dropping adventures.
- Enjoy the daring jump from a suspension bridge above the glacial river gorge.
- One of the unique adrenaline activities around the Nepal scenic Himalayas.

Extra Info

Bungee Jumping in Nepal can be enjoyed nearly all year round, as the activity requires only a short duration of time. However, the best times are spring and autumn/fall, when most days are pleasant for all types of outdoor activities. Spring starts from March to May, and autumn/fall begins in September and lasts till November. You can also enjoy Bungee Jumping during the wintertime of the Christmas and New Year holidays. Most days are fine and clear but get dark soon due to limited hours of sunshine.

Bungee Jumping in Nepal is safe and secure. Expert Instructors will brief you on the safety measures before you jump. Participants are well roped with harnesses from feet to waist for safety for the safe and enjoyable Bungee Jumping. However, pregnant women, people with heart problems, and Blood pressure are not allowed, as well as certain age groups from a minimum of 18 to a maximum of 70 years old, should be in sound medical health. The weight limit should be a minimum of 40 kg and 100 kg maximum. But Bungee in Kusma is the world's second-highest Bungee Jumping place, which allows a weight limit of 145 kg, only on Couple Swing.

Travelers planning other adventure activities or trekking expeditions alongside their bungee trip may consider hiring a female trekking guide in Nepal to ensure a safe, comfortable, and empowering journey.

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