ALL NEPAL TOURS : CURATED JOURNEYS FOR WOMEN

GENERAL DETAILS

Category:	Tours
Sub Category:	All Nepal Tours
Region:	Terai,Hill,Mountain
Duration:	15 days
Accomodation:	Lodges
Meals:	As per itinerary
Difficulty:	Easy
Activity:	Tour
Season:	All Seasons
Start/End Point:	Kathmandu - Kathmandu
Group Size:	2-30
Total Distance:	Approx.440 km/274 miles
Transportation:	Private vehicles

GROUP DISCOUNTS

1 pax	: $ 1400.00
2 - 4 pax	: $ 1300.00
4 - 12 pax	: $ 1250.00

* The above price resembles price per person.

TRIP OVERVIEW

The All Nepal Tour stands out from other guided sightseeing experiences, as Woman Adventure has carefully designed it to provide the best opportunities for visitors to deeply immerse themselves in Nepali culture and its rich historical heritage—an experience that only

a few travelers get to enjoy. The best Nepal tour package includes necessary logistic support to make the wonderful tour delightful. All interested travelers can enjoy the unique biodiversity of the country, visiting from western to eastern Nepal. **All Nepal Tours** are loaded with information regarding the country's geographical landscapes, from the history and culture to flora and fauna, as the tour extends beyond **Kathmandu Valley** to other exciting destinations.

All Nepal tours begin from the capital; although Kathmandu city is a semi-modern metropolitan city, it retains its ancient past glories. A country with ten UNESCO World Heritage Sites, the tour leads you to visit most of the country's landmarks. On this tour in Nepal, you will be visiting the old palaces and royal courtyards of all three cities, Kathmandu, Patan/Lalitpur, and Bhaktapur, including other beautiful places of great historical and cultural interest to the Hindu and Buddhist religions. This spiritual tour in Nepal offers a meaningful journey into the country's rich cultural and sacred heritage.

All Nepal Tours extend towards the beautiful and scenic city of Pokhara, enriched with the natural beauty of the Annapurna Himalayas and lakes. A change of scenario takes you from the historical monuments of Kathmandu to the picturesque location of Pokhara. It is located on a magnificent verdant valley amidst the **massive Annapurna Himalayas** towards the north of Pokhara city.

A renowned tourist destination for all domestic and international travelers, where one can enjoy visiting its scenic viewpoints. In Pokhara, the Nepal Adventure Tours takes you around its famous charming natural places for a grand **panorama of the Annapurna Himalayas** as well as visiting the natural caves and beautiful waterfalls and relaxing with the backdrop of snow-capped peaks.

Pokhara is also the hub for various activities related to adventure travel in Nepal, from trekking, mountaineering, rafting, and thrills of outdoor sports. After a pleasant time in scenic Pokhara, the tour extends towards Nepal's Far Mid-West to Tansen, Palpa. An old town with an ageless history and impressive culture, as well as views of the Western Himalayas. The Nepal trip continues to a serene and lovely sacred place at Lumbini, where Prince Siddhartha was born and enlightened. The founder of Buddhism, a historical religious landmark of Nepal and for all Buddhist followers.

After enjoying time in Lumbini with a visit to the historical and religious sites of great significance, the Nepal round trip flies back to Kathmandu to continue our next best Nepal

tour towards Far East Nepal. The lovely green landscapes are famous worldwide for the vast tea gardens and tea products with smooth-flavored aromas. The Ilam tour offers breathtaking views of its famous scenic hills, with the eastern Himalayan peaks, including Mt. Kanchenjunga, forming a stunning backdrop.

After a glorious and wonderful time and experience around the beautiful tea gardens of Ilam, we then head towards Kathmandu after the marvelous historical and scenic experience on All Nepal Tours.

For women who are interested in travel in Nepal, hiring a female trekking guide offers a safe and enriching experience. These guides provide local insights, support gender equality, and enhance your adventure. Choosing a women trekking guide agency adds authenticity and warmth to your holidays in Nepal.

ITINERARY

Day 1: Arrival in Kathmandu 1,340 m and transfer to hotel.

On arrival at Tribhuvan International Airport in Kathmandu, you will be received by our team of ladies staff and guide. A short drive takes you in the hub of Kathmandu city around Thamel area to your hotels. After checking into your lovely rooms, getting refreshed from the Jet Lag. Later, join with other members of the All Nepal Tour at meeting room for briefing.

Our female guide or group leader will provide information of the tour and journey, hotels and foods.The briefing will includes a wide range of information to make your holiday meaningful and enjoyable.

You can enjoy a dinner in nice authentic Nepali Restaurants with a cultural program in the evening. A good way as an introduction to Nepali Cuisines and Cultures to experience. Overnight at Hotel.

Day 2: Tour of Kathmandu heritage sites of great interest.

In Kathmandu a full day sightseeing tour around places of interest, the Kathmandu three cities offers beautiful World Heritage Sites. The tour led by our female expert guide showing you the wonders of Nepal and Kathmandu landmarks.

For centuries, the fascinating old Royal Palace and its courtyard have stood as a testament to the rich history of the Malla and Shah kingdoms. The beautiful Kathmandu Durbar Square, bustling with life and activities, is steeped in ancient monuments and cultural significance. This area includes the residence of the Living Goddess Kumari and offers a glimpse into the grandeur of the old palace interiors. Visitors can also explore the iconic Kasthamandap Temple, a historic rest house built from the wood of a single tree.

From Old Durbar Square, the tour extends west of the city to a green hillock, where Swyambhunath a Buddhist Stupa stands. Above the Kathmandu city, it offers a panoramic views of the city, with snow-capped peaks towards north. The Swyambhunath is a famous monuments of more than 2,500 old histories, and as well as the famed landmarks of the country. After an exciting visit of Swyambhunath, a short drive takes you to the east of the city to holy Hindu temple of Pashupatinath. It stands by the Baghmati River, a fine architecture temple with golden roof, surrounded by four cardinal silver door. Non-Hindus are not allowed to enter the main premises but can enjoy the religious activities from the opposite bank of the river.

The temple is dedicated to Lord Shiva, an annual religious festival takes place in the month of February as per Hindu calendar. The event is called Shiva Ratri, thousands of pilgrims and devotees visits from all around Nepal and India.

After Pashupatinath, the tour leads north to a huge dome Stupa of Bouddhanath, also known as Little Tibet. The local inhabitants of Tibetan origin people resides around the Bouddhanath Stupa premises. The dome stupa of three tiers, white-washed with orange-colored design, appears like a lotus.

The Stupa with four mystical eyes of Lord Buddha on each cardinal direction is worth visiting. After the tour, you will be having a lunch in a nice restaurant, and then back to the hotel, after an exciting day tour of great interest.

Day 3: Tour of Patan and Bhaktapur cities.

In the morning, after breakfast, we drive east from the Kathmandu city to a lovely city of Bhaktapur, on reaching the main Durbar Square (Royal Courtyard). It is a magnificent place to experience, taking you back to medieval times. The whole city is a Living Museum where you can enjoy the tour of the famous Golden Gate with the palace of 55 Windows.

We then walk to another small square where the famous Nytapola stands high above the old Bhaktapur city. A five- storied roofed pagoda is a great world of craftsmanship and architecture. Take a short walk to the Dattatraya Square, located east of the city, and admire the ancient temple of Lord Bhairab. Additionally, explore the famous Peacock Window nearby and visit the traditional pottery center.

You can observe the ancient work of craftsmanship of making potteries from fine clays. After an interesting time in Bhaktapur, our drive leads to Patan also called Lalitpur, means city of arts and crafts. The main Patan Durbar Square is full of commotion and activities to observe the local cultures of Newari people. The Newari people are the main inhabitants of the valley's three cities. The visits leads to old Malla kingdom palace interior, including the beautiful carved pillars and windows of the temple around the Royal Courtyard.Explore the magnificent Krishna Temple, crafted entirely from fine stone slabs from bottom to top, located in the captivating Patan Durbar Square. After visiting the famous historical sites around the square and enjoying a lunch break, conclude the day's tour with lasting memories. A short drive to Kathmandu city and back to your hotel, and rest of the day at leisure.

Day 4: Drive to Pokhara 860 m and transfer to hotel-06 hour's journey. (220 km/137 miles).

In the morning at a given time have a hearty breakfast and transfer to a spacious vehicle, as per the group size. Either in a car, coach, or comfortable bus for larger groups of more than 10 persons including Woman Adventures guide and staff. The drive leads beyond Kathmandu city and the valley. The ride follows Trisuli River to the junction at Mugling Bazaar. From here our route diverts west, an interesting journey past farm villages and towns. A great way to observe the rural farm life of Nepal. As the drive heads near Pokhara, views of Manaslu and Annapurna Himalayas is seen. After an exciting drive of more than 5-6 hours, we reach at scenic Pokhara. On arrival, you will be transferred to your respective hotel, situated by the lovely serene Phewa Lake, in the close shadow of Annapurna Himalayas. Travelers have the option to take a scenic 30-minute flight from Kathmandu to Pokhara, offering stunning aerial views along the way.

Day 5: In Pokhara sunrise from Sarankot and day tour.

Early morning before dawn, skipping breakfast a short drive leads to winding uphill at Sarankot Hill top at 1,460 m. From this picturesque spot, you can witness a glorious sunrise

over the snow-capped mountains, offering breathtaking views of Mt. Dhaulagiri, Mt. Annapurna, Mt. Manaslu, and the majestic Mt. Machhapuchare, also known as the "Fish Tail."

Sarankot is a popular spot for paragliding and Zip Line, one of the popular adventure sports, starts from scenic Sarankot Hill. After a refreshing morning, we will be back to the hotel for a hearty breakfast, having time to get refreshed. The tour continues to explore the natural wonders of Pokhara, including a visit to Devi's Waterfall, also known as Patale Chhago (Hell's Fall), a stunning cascading waterfall set within a beautifully landscaped park. From here, we will be visiting the large deep cave of Gupteswor with a Hindu shrine of Lord Shiva. The tour then leads north around the local market area and visits the Bindabhasini Temple.

A lovely area for views and to observe the devotees with religious ritual and prayers. Enjoy excellent views of Pokhara's old Bazaar alongside the majestic Annapurna peaks, and then visit the Seti River Gorge. If time permits, explore the International Mountaineering Museum, which offers fascinating information and history about the Himalayas. After a great day, you will return to the hotel at leisure for individual activities or you can enjoy boating in Phewa Lake.

Day 6: Drive to Tansen-Palpa 1,310 m and transfer to hotel. 124 km/78 miles distance of five hours drive.

The morning after breakfast, depart from the hotel for another exciting drive to Nepal Far South West. An exciting drive heads south from Pokhara Valley, passing through the towns of Syangja and Waling, before reaching the warmer, flat Terai region. The journey then continues toward the outskirts of Butwal City.

Finally, the drive ends reaching Tansen, Palpa for an overnight stop. Tansen is a nice old town with artistic Newar houses and a cobbled paved street. In the past centuries, the Newari people, along with businessmen from the Kathmandu Valley, migrated to Tansen, as it was a strategic vantage point where trade routes passed through from Nepal to the Indian border.

The picturesque town of Tansen, the headquarters of Palpa District is the hub of the culture of the mid-west. Overnight in a nice hotel where you can relax, with time to browse around the bazaar of Tansen and local culture.

Day 7: Hike to Srinagar 1,524 m for Himalayan Panorama.

In the morning, enjoy a short hike of less than an hour to the top of Srinagar Hill, where you'll be rewarded with a stunning Himalayan panorama, including views of the Terai plains and peaks such as Dhaulagiri, Annapurna, Manaslu, and Ganesh Himal. The surrounding landscape is refreshingly pleasant, and after taking in the breathtaking views, hike back to the hotel for breakfast.

Enjoy a leisure tour of Tansen Durbar, built in 1927 AD by Pratap Shamsher Jung Bahadur Rana. A grand impressive palace in the center of the town, at present a district secretariat department of Palpa district. Visit the Shital-Pati, also known as the Round House, which holds historical significance and is a popular resting spot and gathering place for the locals.

You can witness the 'Baggi Dhoka' (Biggest gate in Nepal), located around the square. After lunch, enjoy a leisurely afternoon strolling through the charming streets of Tansen Town, lined with shops and offering a relaxed pace to explore. Tansen is famous for its traditional Nepali cap, and Dhaka, typical Nepali-designed pattern clothing.

Day 8: Drive to Lumbini and transfer to hotel-03 hrs. 75 km/ 47 miles.

After a pleasant and interesting time in Tansen Town, this morning a short drive takes us to our next destination Lumbini. From Tansen drive heads further southwest towards Lumbini. Upon arrival, you will be transferred to a comfortable hotel in Lumbini, where you'll enjoy lunch and have two overnight stops. In the afternoon, you can relax as our tour guide escorts you around the town of Lumbini, where you'll have the opportunity to observe local farm life.

You can also interact with the locals, the area is more of Indian influence cultures, due to close India border. Lumbini is located around the Far Mid-West of Nepal around the flatland Terai belt with sub-tropical climate. You can enjoy the sunset while relaxing at the hotel balcony or terrace.

Day 9: Full day in Lumbini visiting Buddha's birthplace and historical sites.

In the morning after a good breakfast, enjoy the day visiting the Buddhist historical sites. Lumbini is the traditional birthplace of Prince Siddhartha Gautama, who reached the Buddhahood, the great founder of Buddhism. He was born in the 6th Century B.C. Lord Buddha is known as 'The Light of Asia'. The visit leads to an interesting stone pillar built by an Indian Emperor Asoka, who converted into Buddhism. He who visited Lumbini and constructed four stupas and the pillar, it bears a historical inscription.The exact spot of Lord

Buddha's birth was rediscovered in 1895 by a German archaeologist. Similarly, the Chinese pilgrim Fa Xian recorded and praised this sacred site in his accounts.

Lumbini was designated a UNESCO World Heritage Site in 1997. At present there are many monasteries and Stupas of wide-world countries, The tour includes a visit to the holy pond, where Buddha's mother used to bathe. It also takes you to several historical and religious sites nearby. After an exciting and interesting tour, back to the hotel with time to stroll around the street and market of Lumbini.

Day 10: Drive to Bhairawa and fly to Kathmandu-50 mins. 20 km/13 miles and 265 km/165 miles, air distance.

In the morning as time for a scenic short flight to Kathmandu, a short drive to Bhairawa, a big city of western Nepal. You will transfer to Lord Gautama Buddha Airport (which is also an International Airport at present). The flight is less than an hour long with a sweeping panorama of Himalayan peaks. Upon arrival in Kathmandu, you'll drive back to the hotel to prepare for the next and final destination of the All Nepal Tour.

Day 11: Fly to Bhadrapur and drive to Ilam Bazaar-04 hrs. 461 km/287 miles on flights, and 90 km/56 miles road distance.

The morning, you will depart from the hotel, as time for a flight to Bhadrapur town airport, around Far South Eastern Nepal. A short drive takes you to Kathmandu domestic airport for scenic 45 minute flights. During air-borne, enjoy the magnificent panorama of Himalayan range of peaks with Mt. Everest, Makalu and Kanchenjunga.

As the plane lands at Bhadrapur airport, then board in a 4WD vehicle for an exciting drive. You will be leaving behind the lower warm Terai and heading on winding uphill to Ilam Town Bazaar. The country of Tea-Garden, besides the production of tea, it is also famous for major cash crops. Ilam is also called the district of Potatoes, Cardamom, Ginger, Red Round Chilly, Milk and broom grass.

Day 12: Tour of Ilam and Antu Danda 2,328 m for sunrise views-03 hrs.

Early morning, we head to Antu Dada to view the stunning sunrise. The drive of few hours to reach the scenic hill at Antu Danda, as time for first glare of sunrise shining on top of Mt. Kanchenjunga Himalayan peaks with Mt. Makalu. Enjoy the serene and pristine surroundings of beautiful pine, fir, and rhododendron forests. Then, take a short visit to the Lepcha

Museum at Antu Dada before driving to Ilam Town for lunch and your final overnight stay. If time permits, we drive to Maipokhari area and enjoy the fresh homemade Ilam garden tea, and visit the tea factory on the way back to Ilam Bazaar.

Day 13: From Ilam drive to Bhadrapur for flight back to Kathmandu.

After a wonderful and great experience immersing into local cultures, beautiful sceneries of Tea Gardens and snow peaks, we will depart from Ilam Town, for flight back to Kathmandu. The drive heads down to a big city of Birtamod and then head south to Bhadrapur Town Airport. After checking in as time for the flight, a swift panoramic flight brings you back to Kathmandu, after a delightful time around All Nepal Tours.

Day 14: Free day in Kathmandu for leisure individual activities.

In Kathmandu enjoy the free day, for individual activities with relaxing moments and for shopping spree. Enjoy shopping souvenirs of Nepal, from handicrafts to jewelers etc. Rest of the day, you will enjoy exploring the bazaar and streets of Kathmandu.

Day 15: Depart Nepal for an international flight homeward bound.

Today is the last day in Kathmandu and Nepal, after a wonderful experience around green hills and lowland of Terai belt. After enjoying delightful holidays with Woman Adventures on All Nepal Tours, you then transfer to Kathmandu International Airport, for homeward bound flight or next port of call.

*** Please note that the schedule is subject to change due to weather conditions and other unforeseen circumstances.**

For for information regarding this package, please click on this link. You can also give us a call at +977 9747508926 or email us at info@womanadventures.com for further information.

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